



Hike 'n Lunch

Seven Islands Birding Park

Thursday, May 4, 2023

Depart Poplar Springs Boat Ramp promptly @ 8:15 AM,
please arrive 10 minutes before departure time

Rating: EASY WITH SOME POTENTIAL WET AREAS

Distance: 2.8 miles total

Elevation gain: 70 ft.

Brief Description of the Hike: We will be combining two trails for this hike. The first trail, The Bobwhite Trail is a paved, handicap accessible trail of 0.9 miles that descends to the river and then ends with a newly constructed pedestrian bridge crossing over the French Broad River to the Island Loop Trail which is 1.0 miles in length. On The Island Loop Trail we could encounter some low spots that are wet so please wear appropriate footwear. We will then return to the parking lot on the paved trail enjoying the open pasture/meadow ground. As the park name implies, this park is one of the newest State Parks in Tennessee and is a favorite for bird watchers. We will undoubtedly spot many unique species.

Drive time to the park is approximately one hour. Parking is ample and readily available. Restrooms with flush toilets are available on-site.

DRIVING DIRECTIONS FROM POPLAR SPRINGS BOAT RAMP TO SEVEN ISLANDS STATE BIRDING PARK:

Proceed to I-40E, through Knoxville to exit 402 (Midway Rd). Turn right onto Midway Rd for 3.0 miles. (Do not follow signs to take a left turn onto Maples Rd). Turn left onto Kodak Rd for 0.4 miles. Turn right (at the Bethel UM Church) onto Kelly Lane for 0.5 miles. Kelly Lane ends at the parking lot for the park. We will meet near the barn at the park entrance before departing for the hike. Restrooms are near the barn.

DRIVING DIRECTIONS TO AUBREY'S RESTAURANT - STRAWBERRY POINT:

Return to I-40W reversing the route as per arriving. Proceed west from Midway Road entrance ramp to Exit 398, Strawberry Plains Pike (3.8 miles). Turn right onto Strawberry Plains Pike for 0.3 miles. Turn right on Huckleberry Springs Rd. (0.3 miles). Aubrey's restaurant is right there, turn right.

Attendees are responsible for their own meals and drinks

Maximum number of attendees: 30

Last day to register or cancel is: April 28, 2023

Event coordinators are: Don and Lisa Worner (email: dlworner@msn.com)

ONCE REGISTRATIONS ARE FILLED, TO BE ADDED TO THE WAITLIST CONTACT: Lisa Worner 319-269-4839

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